



TREC World Championships

The TREC World Championships took place in Lamotte-Beuvron, France from August 25 to 27, 2022. This much anticipated competition drew 116 competitors from 14 countries divided into three divisions - Juniors, Young Riders, and Seniors - and had 8 full teams.

The French had another exceptional showing winning the 5 gold medals with Spain, Austria, and Italy all placing. All of the results have been shared to the DS TREC Club Facebook Page.

Here's to having an American team at the 2024 World Cup!

The DS Club is offering a **'Boot Camp'** twice weekly. This group exercise time will be focused on riding specific exercises inspired by Daniel Steward's wonderful clinic on Pressure Proofing the riders and building their physical strength. Join fellow riders for a scheduled fun workout!

Calendar

September

18th
CVDA Dressage
at GMHA

25th
TREC
Obstacles & COP
at Delaney Stables

October

22nd
Hunter Pace
at GMHA

LOTS of members
days happening at
GMHA over the next
two months!

DS Club Boot Camp

Tuesdays
5 to 6 pm
Saturdays
9 to 10 am

SQUARE

A square horse has its legs in such a position as to be .parallel to each other and evenly spaced.

IN-HAND

Working with a horse from the ground with a lead or a bridle.

GRADE

A grade horse is a mixed breed horse.

If they were a dog they would be called a mutt.

IMMOBILE

Standing completely still

Motionless

Barn Notes

Welcome Peanut

Peanut is the latest addition to the DS herd. He is a 2 year old grade gelding that came to Jill through interesting circumstances. He is very kind and willing although his prior education was limited.



Peanut

Peanut has been working on leading correctly both next to, behind, and on both sides of his handler, listening to verbal cues, standing on cross-ties, picking up and holding up his feet, and generally being respectful.

Over the course of this fall, Peanut will learn to lunge, carry a saddle, accept a bridle, stand at a mounting block, be mounted & dismounted from both sides, and walk/trot with a rider on his back. When he is secure in his knowledge of these skills, he will have the winter off to grow and play.

In honor of our new addition, in each newsletter we will address a question that comes up regularly in our Peanut Gallery.

Barn Notes Continued

DS is again offering the After School Program (ASP). These group lessons are an excellent introduction for kids who learn by watching as well as doing.

Tuesdays (through the Hartland Rec Dept) from 3:00 to 4:00. Contact/price info: 802-436-2790

Wednesdays from 3:00 to 4:15. Fees: Oct \$120, Nov \$120, Dec \$90. Contact info: 802-484-3138 DelaneyStables@gmail.com

The Peanut Gallery

"Why are those horses blindfolded?"

In the summer-time many horses wear fly masks which look like a blindfold when viewed from a distance. If you have the opportunity, try putting the "blindfold" up to your eyes to see how well this clever design works to help keep those pesky summer flies out of the eyes of horses while not impeding their vision.



Monthly Challenge - Mounting

Purpose - To mount your horse quickly, quietly, and gracefully

Set-up - A two meter circle with a mounting block. Stirrups up or crossed over unless you are riding with fenders. Start in-hand.

Ideal - Walk your horse into the circle, halt at mounting block, mount with horse standing immobile until both your feet are in the stirrups. Best score if it's done in less than 15 seconds from when the horses first hoof crosses the circle line.

Training Tip - Practice the timing of the halt at the mounting block making sure your horse is square for a balanced mount.

TREC - In the sport of TREC you may be required to mount from the ground or the off-side.



Moving Forward

The DS Club newsletter will go out quarterly to everyone. If you enjoy it and would like to support all our activities, please become a member! Your small membership fee (\$40 per year) will help us continue to develop the Sport of TREC in the Northeast, bring the fun Boot Camp to more people, help us all develop great basic horsemanship, and generally spread the joy and happiness associated with being part of a group with similar interests.



Items Needed for Boot Camp

- Yoga Ball(s)
- Small trampoline
- Timer

Resources

The DS Club

<https://delaneystables.com/about-ds-club/>
Membership Form

<https://delaneystables.com/trec/>

TREC

Local

<https://delaneystables.com/trec/>

National

<https://trec-usa.org/>

International

<https://fite-net.org/>

GMHA

<https://gmhainc.org/>

CVDA

<https://cvda.org>

Delightful Distractions - Not interested in a harder maze. Try coloring!

